



**PREIS**  
SCHOOL

International and European School of Perinatal,  
Neonatal and Reproductive Medicine

# PREIS COURSE 2024

Thursday & Friday, September 19 - 20, 2024

Istituto degli Innocenti  
Florence, Italy

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## WOMEN'S HEALTH AFTER REPRODUCTION

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### FACULTY

Ewald Boschitsch, *(Austria)*  
Marc Paul Brincat, *(Malta)*  
Herman De Pypere, *(Belgium)*  
Gian Carlo Di Renzo, *(Italy)*  
Ludwig Kiesel, *(Germany)*  
Rossella Nappi, *(Italy)*  
Nick Panay, *(UK)*  
Paul Piette, *(Belgium)*  
Tommaso Simoncini, *(Italy)*  
Petra Stute, *(Switzerland)*  
Valentina Tsibizova, *(Italy)*



THURSDAY  
September 19, 2024



09:00 | 09:15

## GENERAL INTRODUCTION

09:15 | 12:30

## SESSION 1 NUTRITION, LIFESTYLE AND PREVENTION

**Chair:** Gian Carlo Di Renzo, Nick Panay

### QUALITY OF LIFE IN THE MENOPAUSE

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### PREVENTION AND MANAGEMENT OF CARDIOVASCULAR DISEASE

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### MOOD DISORDERS AND HORMONAL STATUS ACROSS WOMEN'S LIFE

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### OSTEOPOROSIS RISK PREVENTION AND TREATMENT

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### GYNECOLOGICAL IMAGING IN MENOPAUSE

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12:15 | 14:00

## LUNCH BREAK AND VISIT TO HOSPITAL



THURSDAY  
September 19, 2024



14:00 | 17:00

**SESSION 2**  
**MENOPAUSE HORMONE THERAPY:**  
**EVIDENCE BASED APPROACHES**

**Chair:** Ludwig Kiesel, Rossella Nappi

**BIO-IDENTICAL REPLACEMENT HORMONES:**  
**SEPARATING FACTS FROM FICTION**

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**MANAGEMENT OF PREMATURE OVARIAN**  
**INSUFFICIENCY**

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**THE ROLE OF ANDROGENS IN WOMEN**

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**SEXUALITY IN POST-REPRODUCTION**

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**INDIVIDUALISING MHT REGIMENS TO OPTIMISE**  
**OUTCOMES**

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**GENERAL DISCUSSION**

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FRIDAY  
September 20, 2024



09:30 | 12:30

### **SESSION 3 CHALLENGES IN MENOPAUSE MANAGEMENT**

**Chair:** Marc Paul Brincat, Petra Stute

#### **PERIMENOPAUSAL CONTRACEPTION: WHAT'S NEW?**

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#### **ALTERNATIVES TO MHT FOR MENOPAUSE SYMPTOMS IN BREAST CANCER PATIENTS (INC. NK RECEPTOR ANTAGONISTS)**

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#### **MANAGEMENT OF SKIN/CONNECTIVE TISSUE AGING WITH MHT**

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#### **NEW INSIGHTS ON THE BRAIN IN MENOPAUSE AND THE HRT EFFECTS**

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#### **HOW TO PREVENT THROMBOEMBOLISM?**

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#### **QUESTIONS AND ANSWERS PRESENTATION AND DISCUSSION OF CLINICAL CASES**

All

12:30

**FAREWELL LUNCH**